March 11, 2020

Dear LRH Friends & Community Members,

As Littleton Regional Healthcare continues our preparations for a response to the evolving COVID-19 situation, we want to provide our patients and community members a contact number for LRH specific questions related to seeking services or visiting our facility. Please call 603.575.6400 to reach a clinical staff member for discussion.

If you have other, general questions regarding COVID-19 please contact the NH Division of Public Health Services at 603.271.4496, to discuss your questions or concerns.

RESTRICTING NON-ESSENTIAL VISITORS TO KEEP EVERYONE SAFE
In an effort to be prepared and exercise the utmost caution for the health of our workforce and overall community, Littleton Regional Healthcare is restricting non-essential visitors to LRH. LRH will begin screening everyone entering the LRH building including temperature monitoring, travel questions and symptom identification.

LRH has also temporarily suspended volunteers from their posts at LRH until further notice. We are acting proactively to minimize risk to our patients, hospital staff and the general population. Based on the recommendations of national and state agencies, in addition to the advice of our own healthcare professionals, we have made the decision to cancel or postpone nonessential meetings and events hosted by or scheduled at Littleton Regional Healthcare for the remainder of the month of March. We will reevaluate the situation at the beginning of April to determine if an extension on this measure is required.
We appreciate your understanding in this matter. Below is a listing of alternative locations where events/meetings can be scheduled in Littleton. Our hope is that this information can assist you in the interim.

Hampton Inn: 603.444.0025 - Please call Front Desk.
Littleton Opera House: 603.575.5324 - Please contact Sue.
Littleton Community Center: 603.444.5711 - Please call Wendy.
Littleton Elks Lodge: 603.444.5744 - Please call Candy.

LRH is working closely with the NH Division of Health & Human Services and the Center for Disease Control and will provide updated information as the situation continues. In the meantime, feel free to monitor the Division of Health and Public Safety website and the CDC website for the most recent updates.
www.dhhs.nh.gov
www.cdc.gov/coronavirus

The NH DHHS recommends that all residents take the following precautions to protect themselves and others against this new coronavirus and the many different respiratory viruses:

- Stay at home and avoid places when sick.
- Cover mouth and nose when coughing and sneezing.
- Wash hands thoroughly.
- Avoid being within 6 feet (close contact) of a person who is sick.
- Avoid sharing drinks, smoking/vaping devices, or other utensils or objects that may transmit saliva.
- Disinfect frequently touched surfaces.

Littleton Healthcare.org

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